

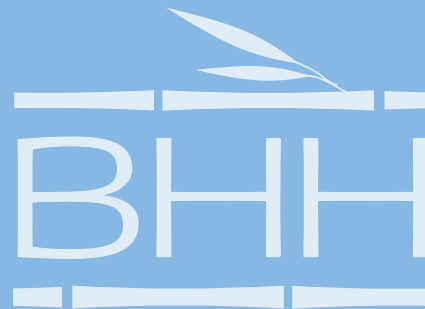
About Behavioral Health Hawaii

Behavioral Health Hawaii came about to fill a need for comprehensive behavioral health services in Hawaii. We know how important it is to get the right kind of care and how difficult it can be to find. Our commitment to excellence, and expanding our referral base on the Mainland and Hawaii gives us the opportunity to pass that knowledge on to you, your loved ones, and professionals that refer for these types of services.

BHH can help link adults, parents, and adolescents to resources for the treatment of:

- Drug Addiction
- Alcohol Dependence
- Eating Disorders
- Enabling
- Co-Dependency
- Prescription Drug Addiction
- Sex Addiction
- Mental Health Issues

Visit Behavioral Health Hawaii online for our **Preferred Treatment Facilities** as well as a comprehensive list of resources in Hawaii and on the Mainland.



BEHAVIORAL HEALTH HAWAII
debbie bayer consulting

www.BehavioralHealthHawaii.com

BHH

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*Finding the right treatment resources
for you or your loved one.*

Serving Maui, Kauai,
The Big Island, and Oahu

(808) 234-9838
debbie@debbiebayer.com

Follow Us:  /BHHawaii  @BHHawaii

What BHH Can Do For You

Finding the right help for you or your loved one is a difficult process. We are here to help educate, refer, monitor, and support you throughout the entire process.

Assessment: This is the first and most crucial step in finding the right help for you or your loved one.

Referral Services: If you have searched the Internet you know how many options there are to consider. Debbie Bayer has intimate knowledge of treatment facilities and resources in Hawaii and on the Mainland.

Intervention: If someone you care about needs help but refuses to accept it, an intervention can be the most loving, healthy, successful, and powerful way to address their self-destructive behavior. A carefully planned and professionally facilitated intervention—done in a gentle, loving, and respectful manner—empowers a family to accomplish what, for too long, seemed impossible.

Aftercare: Having a comprehensive aftercare plan is crucial; 30, 60, or even 90 days of inpatient treatment is just the beginning of the recovery process. Protect your investment of time and money spent on inpatient rehabilitation. BHH will work tirelessly to ensure that you and your loved one have a plan in place that will support ongoing recovery.

Monitor Progress: These services include drug testing, treatment planning, weekly or monthly phone reporting, work with treatment facility and referring professionals.



“We are committed to helping individuals and families from crisis to long term recovery at every step along the way. We are here for you. You do not have to do this alone!”

--Debbie Bayer

Call today for a complimentary
15-minute phone consultation
with Debbie Bayer:
(808) 234-9838

Groups and Workshops

Licensed therapist, addiction, and intervention specialist Debbie Bayer offers a variety of groups and workshops to residents of the Hawaiian Islands, including:

PARENTING AN ADULT CHILD

In this workshop you will receive education on the following:

- Enabling vs. Helping
- Setting boundaries
- Understanding your underlying motives for enabling behaviors

INTERVENTION EDUCATION

This workshop offers you the opportunity to understand the different types of interventions and to be given suggestions as to your next step regarding your loved one.

PARENTING TEENS ABUSING DRUGS AND ALCOHOL

This workshop will help parents with problem teens displaying defiant, out-of-control behaviors, such as failing school. Learn the difference between experimentation, abuse, and addiction, as well as how to identify positive helping and over-protective behaviors. Find effective ways to regain control and get the right kind of help for your family and your teen.

Debbie Bayer

Licensed Marriage and Family Therapist
Certified Substance Abuse Counselor
Interventionist
AAMFT Approved Supervisor
Nationally Certified Addictions Counselor

